



Foundation Anchor of Salvation

Annual Report

2025

We expand, maintain...

The year 2025 was full of creating new materials and organizing events. But we have also put all our energy into maintaining the projects and activities already started in the past years.

There are times in life when we encounter situations that demand our attention and action, so they challenge us to start on a new path. You will read about our initiatives this year, with which we are laying a foundation for future years as well.

... and we work on Prevention

In 2025

01 Socialization and personal development



02 Counseling for families with social/special needs



03 Information on health- related topics



NEW PROJECT: Too small to drink!
Just a sip of alcohol will affect the
fetus?!

Romania

As in previous years, we organized activities for vulnerable groups: people with disabilities or chronic diseases, families with social needs in rural areas or county cities, students of special schools. Often at the Joy-Park in Strunga but also regularly in local institutions in the cities Tg. Frumos and Pașcani and at the beneficiaries' homes.

Counseling and Information Center in Strunga

Counseling services for families (single-parent, foster or adoptive); often of people with special needs.

Informing about *intervention methods*, such as Alternative Augmentative Communication and Early Intervention, such as FloorPlay, as well as about different *diagnoses*, such as autism (ASD) and paralysis (CP), at various educational institutions or through workshops.

Project "Too small to drink!"

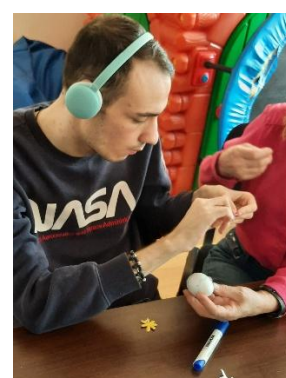
The Embassy of the Netherlands in Bucharest is funding a new project on Fetal Alcohol Spectrum Disorders: prevention through an information and awareness campaign on the risks of alcohol consumption in pregnancy and recognition of Fetal Alcohol Spectrum Disorders.

Creation and distribution of informative materials for adults and children, in the form of leaflets, brochures, books, videos, posters, etc., to raise awareness among the population. And their accessible exhibition for anyone in digital form on our online platform: www.nevoispeciale.ro/fasd/

Public events for debates on the theme of the project with specialists in the field from Romania and abroad, physically in Bucharest, Suceava and Iasi but also online.

EVENTS in ROMANIA

- 22.1** We had a presentation on the education of students with autism at the Special Technical College "Ion Holban" Iași
- 14 – 16.2** Meeting with Frits Rouvoet, counselor working in the "red" zone in Amsterdam about the prevention of human trafficking in Iasi and Suceava.
- 05.03** A presentation on Alternative Augmentative Communication at the Special Technical College "Ion Holban" Iași
- 09.03** A Mother's Day meeting at CCI Joy–Park in Strunga
- 19 - 21.03** Workshops on adolescence and puberty in autism with specialists from the Netherlands, with doctor Bert and counsellor Anke in Iași and Tg. Frumos; within the project "Adults with autism, visible people in the community", in partnership with ANCAAR-Iași.
- 02.04** International Day of Autism Acceptance in Tg. Frumos and Pașcani
- 14.04** Easter meeting at the CCI in Strunga
- 17.04** interview about Foetal Alcohol Spectrum Disorders at Bit TV Iași:
<https://www.facebook.com/share/v/1BazZJZjZX/>
- 02.06.** Activities for Children's Day in Strunga at Joy–Park
- 30.06 – 04.07** volunteers from Iasi to Strunga for organizing socialization activities in the form of camp days for children with social needs from different rural localities.
- 22.07** Excursion with the beneficiaries from CCI Strunga at Chave Bicașului and Agapia Monastery
- 23.08** ARFO organization, Iasi branch, came with adoptive families and their children to the Park of Joy in Strunga
- 24.08** We were partner on the Ukrainian Day event that took place in Copou Park in Iași.
- 04 + 05.09** Opening the campaign on the risk of alcohol consumption during pregnancy and Foetal Alcohol Spectrum Disorders (FASD), through a conference in Bucharest.
- 27.10** Workshop on FASD at the "Stefan cel Mare" University of Suceava, Faculty of Educational Sciences.
- 28.10** Workshop on FASD at the University House of Iași.
- 12 + 13.11** Presentation of the situation of people with severe disabilities left alone following the death of the only caregiver at the FONSS Forum, which took place online.
- 14.11** Part of the team participated in the first aid course, organized by the Red Cross organization
- 21.11** workshop on FASD at the Post-Secondary Sanitary School for nurses in Iași
- 02.12** online workshop on FASD
- 03.12** We presented about Alternative Augmentative Communication, on the day of people with disabilities, for the parents of the Special Primary and Secondary School in Pașcani
- 05.12** The president of the foundation participated in the first part of the course on emergency situations
- 12.12** support group for foster mothers in Tg. Frumos, in collaboration with the organization "Imitatio Christi"
- 13.12** Carol concert at the "Garabet Ibrăileanu" House of Culture Tg. Frumos
- 15.12** Christmas meeting with beneficiaries (children and mothers) at CCI Strunga





Moldova

In Moldova we support over 80 families who have a child or grandchild, whether a minor or already an adult, with a disability or chronic disease. We cover the northern region of the country: Balti, Briceni, Donduseni, Drochia, Edinet, Falesti, Floresti, Glodeni, Ocnita, Riscani and Singerei,

Camp house in Sadovoe

We managed to make important renovations to the outside of the house, the back part was strengthened, the storage room with refrigerator and washing machine was finished and a playground was built for climbing and with a slide.

From here, at the end of April, the consultations carried out by pediatric physiotherapist Hester were organized in Falesti, Donduseni and Edinet, but certain beneficiaries who had questions were also seen.

All summer we had activity there, bringing children and young people who enjoyed nature and fresh air. August 1st and 2nd we had a camp for beneficiary families, organized by volunteers from the Vifania church

Home visits

First of all, we offer *emotional support and counseling* about raising and caring for people with special needs. For this we make visits to families at home.

We also organized this year at the Psychiatric Hospital, with a pediatrics department, and at the Training Center for medical professionals in Balti Municipality, *workshops* related to topics such as Autism, Occupational Therapy, Alternative Augmentative Communication and Sensory Integration.

When we notice a clear need, we also offer *aid*: clothes, food (special according to a diet), vitamins, etc. But more importantly, there are *orthopedic devices* that increase the degree of independence. We also offer *adaptations*, tools as support to facilitate autonomy. Another activity is donating *sewing machines* with fabrics to provide a useful occupation. We will also develop clothing models adapted for people with locomotor impairments.



ACTIVITIES in MOLDOVA

08-11.01 We sang carols at the beneficiaries' house in the districts and had Christmas celebration in Bălți

20 - 22.02 Visits to beneficiaries' homes

21.02 workshop at Balti Psychiatric Hospital

12 - 15.03 Home visits and celebrations for Mother's Day

25 - 28.03 Workshops on medical intervention for people with disabilities with specialists from the Netherlands, doctor Bert and counsellor Anke in the Emanuel Polyclinic in Chisinau and the Psychiatric Hospital and the Training Center for Medical Professionals in Balti

09 – 12.04 Home Visits and Easter Celebrations

21 - 28.04 Paediatric physiotherapist Hester consulted children and young people from Falesti, Donduseni and Edinet districts. But she also answered the questions of the beneficiaries.

03 – 07.06 Home visits and activity in the Balti City Park for children's day.

24 - 28.06 The transport from the Netherlands arrived, which brought, among many other orthopaedic devices. We sorted and chose them for children and young people who were consulted by Hester and we have already brought the first ones to Edinet District.

15 – 20.07 We organized camp days at our House in Sadovoe for small groups of beneficiaries. In addition to sewing on the machine, we also played. But we continued to distribute orthopaedic devices in Falesti District.

28.07 – 9.08 We had activities for beneficiary families at our Camp House in Sadovoe. We also played and worked on the sewing machine. But we continued the distribution of orthopaedic devices in Donduseni District.

01 + 02.08 camp organized with volunteers from Vifania church.

19 – 22.08 + 27 – 30.08 We organized camp days for the beneficiaries and children from Cupcini and we made the visits by donating the sewing machines with fabrics, so that they could work from home.

13 + 20.09 We had club activities at our office in Balti.

15.09 Education consultancy for pupils with autism at the Integrative School in Ialoveni City.

16 – 19.09 The president of the foundation translated for the course on caring for immobilized persons, in Chişinău and Bălţi, with a nurse from the Netherlands, a volunteer from the Priscilla Foundation, and organized by Dorkas Moldova.

15 – 18.10 Home visits and celebrations for Thanksgiving.

25 – 29.11 Visits to people who received a sewing machine with thicker winter fabrics.



UKRAINE

This year, contact was maintained through social media with a church in Kyiv and with the University of Chernivtsi, faculty of pedagogy.

29.04 Pediatric physiotherapist Hester and the president of the Foundation, Inga, with the team from the University of Chernivtsi, Faculty of Pedagogy, visited and brought the aid to the Residential Center for Children with Disabilities in the village of Mahala, Chernivtsi region. Orphans with special needs were also brought there from the war zone.

30.04 we presented at the conference organized by the university about the use of adaptations in rehabilitation to increase the degree of independence in people with disabilities. And about Alternative Augmentative Communication.

09 – 13.06 With the team from the University of Chernivtsi, Faculty of Pedagogy, Inga was at a conference in Kielce – Poland, where she presented about how the foundation works among people with special needs and their families.

04.09 Online participation of students from the University of Chernivtsi, Faculty of Pedagogy, in the workshop on FASD



COLLABORATIONS in 2025

Romania: Special Primary and Secondary School Pașcani; Special School ; "Moldova" Tg. Frumos; Special Technological School "Trinitas" Tg. Frumos; Special Technological School "Ion Holban" in Iași; The local authorities of the City of Tg. Frumos and the Commune of Strunga; "Stefan cel Mare" University of Suceava – Faculty of Educational Sciences and Psychology; Iași County School Inspectorate; DGASPC Iași; Iași Post-Secondary Sanitary School for nurses; ANCAAR Iași branch; ARFO Iași branch; organization Imitatio Cristi, Embassy of the Netherlands in Bucharest.

Moldova: Camp Vifania Sadovoe and Church Vifania Bălți; Psychiatric Hospital Bălți; Center for the Professionalization of Medical Professionals Bălți; Social Assistance Department Falesti, Social Center from Donduseni; The Church of Cupcini; Organisation Dorkas Moldova.

Ukraine: University of Chernivtsi – Faculty of Pedagogy and Psychology.

The Netherlands: sponsors consisting of individuals, legal entities, schools, churches. Organization GAIN Nederland, Priscilla Foundation, Sarfath Foundation, Support Foundation "Ancora Salvării = Anchor of Salvation"

Europe: our foundation is a member of the European Fetal Alcohol Spectrum Disorders Alliance



ACHIEVEMENTS 2025

- ✓ Starting a new project with an information campaign on Foetal Alcohol Spectrum Disorders: "Too young to drink! Just a sip of alcohol can affect the foetus?!", funded by the Embassy of the Netherlands in Bucharest
- ✓ Successful ending of the project: "Adults with autism, visible people in the community", with ANCAAR-Iași branch
- ✓ Establishing new collaborations, thus expanding the working region but also the range of topics

PLANS 2026

- Expanding the board in Romania with two more people, who have been involved in our foundation for many years, to strengthen the foundation's management
- Important changes in Strunga: taking the warehouse and putting in place 5 caravans, summer kitchen, 2 showers and another outdoor toilet; so that we can receive small groups for moments of socialization, counselling and information.
- Implementation of the Alternative Augmentative Communication method
- Together with a group of specialists from the Netherlands, we will develop a module on Early Intervention, which we will teach in collaboration with the University of Suceava – Faculty of Educational Sciences and Psychology

